

Ckit's mental health: citizen budget hits snagD

MARILYN KALMAN

An interested citizen might have a hard time figuring out just what the Co-ordinating Committee of the Greater Vancouver Mental Health Project (GVMHP) meant when it asked for citizen participation in the planning and implementation of the mental health project slated for the Kits. area.

Under the assumption that this would be an opportunity to express the concerns of the community which would be affected, the Kits Citizens' Committee prepared guidelines and a budget proposal. This brief, which is in line with the provincial government sponsored working paper (the Cummings report), met with strong opposition when it was presented for approval to the Co-ordinating Committee (the decision-making body of the GVMHP bureaucracy).

• MAJOR AREAS OF CONTROVERSY •

---the citizen request for equal pay for the 11 mental health team workers (which they felt would create a more cohesive team feeling) was seen by the Co-ordinating Committee as an "administrative nightmare". This feeling might have been created by an assumption that personnel policy should be similar throughout the proposed projects, and the fear that the other citizen groups might see the Kits. proposals as desirable for themselves.

---the citizens also requested the creation of a new job category, the "mental health team worker", in view of the restrictions of present categories to a specific kind of worker (e.g. Psychiatric nurse, aide, etc.).

---24 hour service, drop-in service, and an 8 bed crisis residence for the Kits area were objected to on the grounds that present statistics do not warrant them.

Two distinct actions were taken by the Citizens' Committee in the face of Co-ordinating Committee statements that the budget as presented would be voted down.

1--They decided to withdraw the budget in favour of further discussion with members of the Co-ordinating Committee, but stressed

that most issues were not negotiable. The attempt is more to correct some misconceptions than to change the objectives of the citizens' group. However, the feeling is that if the Co-ordinating Committee will accept 24 hour service, drop-in service, establishment of a kits crisis residence, and creation of the new job category, the citizens would consider a moderation of the salary equalization so long as the range is kept within \$8,000-\$11,000.

2--Several Citizen Committee members felt strongly that the figures used to support Co-ordinating Committee arguments were inaccurate for the Kits. area, in that they do not take into account the large number of people who are in need of mental health services, but who do not show up at official agencies.

The citizens decided to initiate their own research project, which will report within a month, in an attempt to establish accurate figures for the area.

The major obstacles still seem to stem from the fact that there is minimal elected citizen representation on the two governing bodies of the project--the Co-ordinating Committee, and the Planning & Advisory Board. The citizens have made a concerted effort in this regard, but have so far succeeded in getting only one elected representative from the whole Burrard area on the Co-ordinating Committee, and none to date on the Planning Board. Repeated requests were met by denials or counter-requests for briefs on the subject.

In their policy guidelines, the Kitsilano Citizens' Committee stated:
"We feel that our proposals are realistic, sensible, and totally in keeping with the more progressive philosophy embodied in a community approach to community problems."

What the original Cummings plan called for was a major restructuring of the mental health system. What seems to be in question right now is whether this means merely reshuffling the bureaucracy, or in fact true community involvement in the planning, set-up, and evaluation of these services.

MORE INFORMATION: Kitsilano Information Centre---2741 W. 4th St.---736-3431.

around KITSILANO

a community newspaper

inside

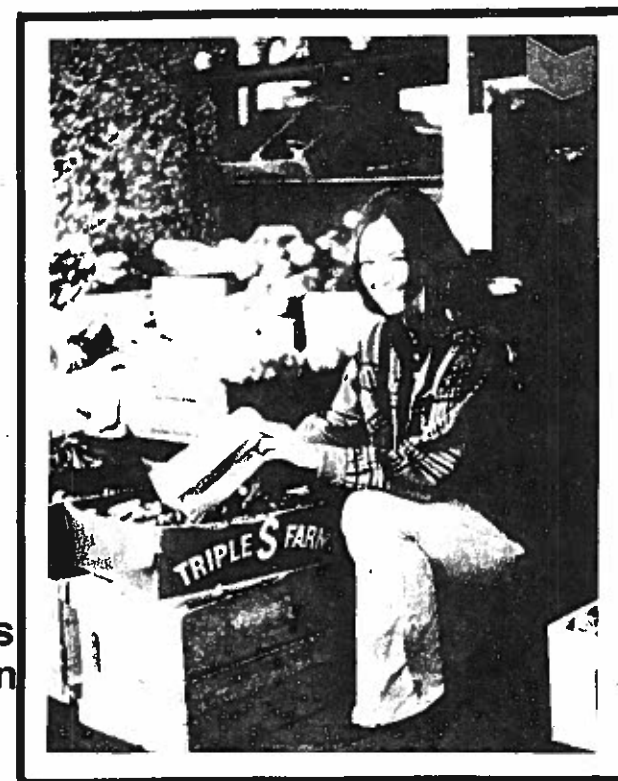
BROADWAY
7TH & MAPLE
NANCY
MENTAL HEALTH
FOOD
and more...

Kitsilano
Area
Resources
Association

Aug.73



DR. HUGH PARFITT
96 E. BROADWAY
Van 10.





vegetables: Polly Wilson

Kitsilano is an area with many kinds of people with many kinds of food needs. It has different sized households, from people living alone to large families and communal living groups. The cultural and ethnic backgrounds and current living situations vary along a spectrum from very traditional to new and changing all the time. Vegetarians have different wants from meat-and-potatoe-eaters. Traditional Greek food differs from traditional English-Canadian food, German from Indian, Chinese from Italian, and all from each other. Yet, all of them have in common the need to provide a diet which keeps people healthy and enables children to grow into healthy adults. Some people have more money than others, but most are feeling the pinch of rising food prices - disruptive to all with set budgets and food habits.

FOOD FOR YOUR NEEDS is a project dedicated to solving this problem - how to help people faced with rising food costs find new foods or new ways to prepare old foods. These new ways still must fit into the food patterns of the group, individual, or family requesting the service. An additional part of the service is helping people find and use the variety of foods available in Vancouver: from fishes never used, to natural foods, to cheaper (not cheap) meats. *Food for Your Needs* is a group of five people with varied backgrounds - all of whom can cook and have a basic knowledge of nutrition and are working under a city nutritionist. Call 873 2941 and one of the project members will listen to your problem or request. A time convenient to you can be arranged for a visit, including nights if necessary. The FFYN person will come to your kitchen and actually show you how to prepare things you want to learn to cook or new things you've never thought of, talking a good deal with you first to find out what you'd enjoy. Short courses are also available for organized or unorganized groups who want to learn

Directory	
FOOD FOR YOUR NEEDS	873 2941
DIAL-A-DIETICIAN	687 6439
MEALS ON WHEELS	732 7638
KITS FOOD CO-OP	
warehouse	731 3021
information	731 6746
MARGINAL MARKET	736 9332

more about cooking anything: Bread, un-smelly fish, ice cream, breakfasts for those who hate them, and more. As this is a Local Initiatives Grant, there is no charge.

If you need accurate information about sticky nutritional problems, including therapeutic diets, calories, budgeting, you can call **DIAL-A-DIETICIAN** - 687 6439 for another free LIP service. It is staffed by qualified dieticians who will answer your questions or look up the answer in their reference library and call you back. Their lines are open 24 hours and questions are recorded on tape to be answered when staff is in the office. They can help you find unusual food products for any reason. They also prepare lectures for large and small groups.

Last February a Kitsilano service group had its 5th birthday party. This chapter of **MEALS ON WHEELS** was the first one in Vancouver, started by two women of the Kitsilano Area Council. The idea originated in England during the war and is still run on a volunteer basis. If you cannot prepare your own meals because of illness, physical disability, or age, *Meals on Wheels* can deliver one hot meal a day, at the noon hour, from one to five days a week. The cost is one dollar per meal. This service is now city wide and for three years has been affiliated with the Victorian Order of Nurses. For nine of the Vancouver Chapters, the food is prepared in an airline kitchen, but in Kitsilano it comes from Carlsbad Private Hospital.

In terms of purchasing food, Kits can offer a wealth of alternatives. One can buy from regular retail outlets: super markets; corner stores; green grocers; health food stores, good for bulk beans and grains; ethnic stores, especially Greek as Kitsilano is the buying centre for Vancouver's Greek population; fish stores; butcher shops and bakeries. Another way to buy food is through two existing food co-operatives.

KITSILANO FOOD CO-OP is a member owned co-op which distributes food once a week. Each house or buying unit is part of a neighbourhood collective. The collectives form the co-op. Food is selected at home from a written food list with items at wholesale prices. The collectives take turns with the work at the warehouse - ordering, weighing, packaging, preparing the newsletter and food list. Within each collective, the houses divide the work involved in getting the food from the warehouse to the individuals in their neighbourhood. There is a two dollar membership fee plus a 5% service fee to pay rent, phone, hydro, etc. Members claim a saving of about 20 per cent.

MARGINAL MARKET is also a member owned, member-controlled food co-op. It is a store in which only members may shop, except for trial guest shoppers. It also differs from the Kits Food Co-op in having a hired manager and 100 dollar membership fee (sometimes payable in parts.) It has a weekly service fee and members are required to work in the store one half day every five weeks. The *Marginal Market* is open on Tuesday, Thursday and Friday from 2 to 8 pm and on Saturday from 9 to 5. Their number is 736 9332.

NON-PURCHASED FOOD includes berries in lanes, overflow fruit trees (just ask the owner), crabapples on City property and wild greens.

text: Ellen Wickberg

BROADWAY

The West Broadway Citizens' Committee held their regular monthly general meeting on July 30th. A variety of topics of concern to local people were talked over by the group.

City Council approved the revised version of the Committee's Guidelines for Broadway's future on July 17th. At the July 30th meeting the Citizens' Committee proceeded to select delegates for the meetings with merchants and commercial property owners which Mr. Pickstone will be chairing. Gordon Thorne, Frank Hyde, Flo Overland, Millie Cheop and Gloria Majestic were selected as delegates and alternates.

Gordon Thorne and Ada George are to work with the Planning Centre researching the traffic and parking problems which face West Broadway. Their goal is to produce a set of "guidelines" to assist the Committee to become better informed about the situation and alternatives. Parking has become a major issue between the

residents and developers. The traffic and parking groups is open to other interested people - contact the Planning Centre (733 5614.)

A number of new participants for the Committee came from the 3400 block of West 10th. They learned about the Committee and its work from a "block meeting" called by one of their neighbours. The West Broadway Citizens' Committee chairman and the Kitsilano Community Development Worker are available to help other residents to hold block meetings. They may be reached through the Kitsilano Information Centre (736 3431.)

Discussion of the new minipark and the proposed pub were postponed until the Committee has more specific information to consider the matters.

NEXT GENERAL MEETING OF WEST BROADWAY CITIZENS' COMMITTEE: MONDAY EVENING AUGUST 27TH - KITSILANO LIBRARY

MACKENZIE MINI-PARK FORMALLY OPENED

Friday afternoon, August 3rd, saw the formal opening of the mini-park at Broadway and Mackenzie Streets.

this is the first installment of the Broadway Beautification. The park portion of the programme is "on trial" this summer in order to receive community reaction to this kind of proposal for Broadway. *Citizen comments should be addressed to the Department of Planning and Civic Development, City of Vancouver City Hall - East Wing, 453 West 12th Vancouver 10.*

NEIGHBOURHOOD PUB FOR BROADWAY?

Applications have been submitted to the City and the Liquor Control Board to allow a neighbourhood pub at the southeast corner of Broadway and Balaclava - presently the site of Lion's Drive-in.

Present uncertainties over what regulations will finally be imposed for neighbourhood pubs may result in months before any pub proposal can be approved and may cause changes to projects which are now seeking approval.

The present Broadway proposal for "Bogie's Restaurant and Pub" features an outside court area along Broadway and includes a small restaurant in addition to the pub.

Editorial K A R A horseless cart?

'We are, in the opinion of many people, a viable force in bringing the wishes of the citizens in Kitsilano together and ultimately to the appropriate levels of government. We have no political ties to any party and derive all our impetus and direction from the people concerned with the future of Kitsilano. K.A.R.A. has faithfully followed its objectives and we have every reason to be proud of our Association'- Brian Mason, from the chairman's remarks in the December 1972 annual report of the Area Association.

Since the time of this report there has grown increasing skepticism as to how well the Association is fulfilling its objective of "bring the wishes of the citizens in Kitsilano together." When members of the organization claim that it is "narrowly based, unrealistic, and negative" and that "general monthly meetings are useless and a waste of time" then surely pride and confidence in the Association has declined somewhat, as evidenced in the poor turnout at general meetings.

It has come to be recognized that the prime function of KARA is to encourage and increase the participation of local area residents in the decisions which affect the lives of the people of Kitsilano. What is questionable, though, is the way in which this objective is accomplished. There is a general feeling of discontent with the use of general monthly meetings to encourage local involvement in decision-making processes. These meetings were theoretically designed to accommodate the expression of any citizen's viewpoints; they were to be learning experiences for all.

In actual fact, these meetings are attended mostly by people who have a special interest in KARA as an entity through which they can help others, and not by those who are seeking help themselves. This has resulted in the meetings being conducted with much academic talk, not entirely conducive to creating an atmosphere where people can associate with others who share common aspirations. This is understandable since it was a group of professional people in health, education, recreation and welfare who first founded the Area Council in 1966. Has its active membership really changed?

People living in Kitsilano do not yet seem to feel the need or the desire for KARA. Instead, KARA is in need of people and this points out a major stumbling block to the realization of the Association's goals. Essentially, KARA is an instrument utilized by people who are involved in organizing the Kitsilano community. Their intentions are good and their objectives are accordingly high; I would only question their strategy for achieving their goals.

The people who have been active in KARA have made incredible progress in establishing resource centres, trained personnel, programs and projects in the area designed to facilitate citizen participation in the decisions which mold the future of Kitsilano. But members of KARA are continually frustrated by an apparent lack of concern amongst residents for actually taking part in planning their

community instead of merely reacting to crisis situations such as adverse high-rise developments. While ideally we would like to see the local residents involved in total planning, the realities show that people in Kitsilano are primarily interested in what directly and immediately affects them. (These are the needs which are most frequently handled by the efforts of the staff working in the Planning and Information Centres.)

We can inform residents that they should engage in planning before it is too late to affect change, but this is beyond their daily routine experience. Homeowners confronted with expropriation of their property react in spontaneous fashion to this obvious danger, it being a visible "issue."

But how do you motivate people to become involved in matters which will be contentious a decade from now, especially when planning responsibilities have been left up to the 'good judgement' of civic officials for so long? And yet, people are disturbed when faced with developments they do not like.

In rectifying this situation KARA should remain basically a citizen's administrative body to oversee the functions of the Planning and Information Centres, and to continue to initiate programmes aimed at encouraging "an informed, involved, and articulate community." But let us forget the idea that K.A.R.A. can operate as a shelter organization representing Kitsilano. Let us abandon the concept that K.A.R.A. provides a strong structural framework for citizen involvement; people only participate in organizations that are meaningful to them. If Kitsilano residents do not sense a common need that must be satisfied by an organization such as ours they will not bother going to meetings.

We should, therefore, concentrate our efforts on developing a strong feeling of community in Kitsilano's neighbourhoods. This will hopefully result in people organizing into groups to protect and foster interests they have recognized as their own by joining in cooperative planning.

Then, if the individual groups seek solidarity amongst themselves in promoting their own concept of what Kitsilano should be, an Area Association may find itself in real need of existence. And, to coin and adapt a phrase, the horse will be galloping in front of the cart, as it should be.

- Barry Holmes



KITSILANO
INFORMATION
CENTER
736-3431

around KITSILANO is the news publication of the Kitsilano Area Resources Association, 2741 West 4th, 733 5614. *Deadline for next issue is Friday, August 31st: Articles of interest to the Kitsilano community, photos and drawings are needed. Letters to the editor will be printed.*

Subscription: \$2 per year. Available free at several places including Info Centre, Kits House, Kits Library, Kits Community Centre.

Staff this issue: Chris Jansen, Marilyn Kalman, Stan Mailey, Elsie Patmore, Gavin Perryman, Dave Todd, Joyce Todd, Ellen Wickbery and Polly Wilson.

public MEETINGS:

- 13 August Kitsilano Citizen Committee, Greater Vancouver Mental Health Project, Kits House, 7:30
- 14 August Kits Urban Transportation Committee (KARA), Info Centre, 8:00
- 16 August Stop the 13 Storey High-Rise at 7th & Maple, Kits House, 7:30
- 27 August West Broadway Citizens' Committee, Kits Library, 7:00
- 21 Sept Kitsilano Area Resources Association, Kits House, 8:00

FOR MORE INFORMATION ABOUT THESE AND OTHER PUBLIC MEETINGS CALL KITSILANO INFORMATION CENTRE - 736-3431.

Letters

August 3, 1973

Dear Editor,

Thank you for your article on the Kitsilano Neighbourhood Pub in your July issue. Since then some progress has been made on the road to getting the necessary licenses.

The matter was considered by City Council on July 31. They gave us the go ahead with our plans intact (that is, with a capacity of 125 patrons and minimal parking) on the basis that this Pub be a pilot project in testing this new concept.

The City will be taking a poll of residents within a four block area of the Pub and if the result is favourable then we will have cleared the matter with the City.

Our only hold up now is with the Provincial Government. They have been going exceedingly slow on neighbourhood pubs. Our indications are, that if we don't give them a push somehow, we won't get our license till next year.

At this time we are trying to meet with anyone from the Provincial Government who might help us speed up the process. Unfortunately, we have had no luck to date.

Originally, we had hoped to be open for the summer, although we knew that it wouldn't happen overnight. If anyone has suggestions on how to speed up the Provincial Government or has some information on why they are going so slowly, I would appreciate them dropping a note to me in care of this paper.

Yours truly,
Peter Uram

NEW DEVELOPMENT PERMIT APPLICATIONS

THE CITY HAS RECEIVED APPLICATIONS FOR DEVELOPMENT PERMITS TO ALLOW THE FOLLOWING PROJECTS WHICH ARE PROPOSED FOR KITSILANO (SEE NOTE BELOW REGARDING MISSING ENTRIES):

1551 Cypress	Use of Henry Hudson School for Daycare.	63862+
2130 West 4th	Erect three storey building - retail, parking and wholesale use.	63846+
2209 York	Alter house to duplex.	63845+
2334 West 8th	Alter house to multiple conversion.	63830+
3650 West 8th	Addition to one-family house.	63821*
2057 West 4th	Use dwelling unit for homecraft.	63811+
3645 West 14th	Erect one-family house.	63806
3641 West 14th	Erect one-family house.	63805
2925 West 12th	Alter and add to one-family house.	63683*
3500 West 1st	Add to multiple conversion in one-family zone; Board of Variance.	63661
2090 Whyte	Add to one-family house.	63639*
1619 Broadway	Alter existing building and use as restaurant	63555

APPLICATIONS TO RETAIN THE USE OF NONCONFORMING DWELLINGS+

2001 West 15th	Basement suite - RS-2 (one-family zone).	63772
3530 West 15th	Basement suite - RS-1.	63721
3028 West 7th	Multiple conversion - RS-1.	63626
2455 West 10th	Second floor suite - RS-1.	63616
3215 West 15th	Basement suite - RS-1.	63589
3663 West 1st	Basement suite - RS-2.	63538

nb + projects requiring the approval of the Technical Planning Board
* projects requiring the approval of the Director of Planning

This listing includes only applications made between July 5th and August 3rd, inclusive.

Considerably more information, including plans for most of the above projects and others, is available at the City Zoning Desk, City Hall Annex, on Yukon Street between 10th and 12th - telephone 873 7613. If you have difficulty there, or want further help, call Dave or Gavin at the Kitsilano Planning Centre - 733 5614.

The programme of public notification about development permit applications, approved by City Council on May 1st, has not yet been fully implemented. We understand that the Kitsilano Planning Centre will finally start receiving xerox copies of development applications after the sixth of August. However, the additional person who was to be hired to provide detailed information about these applications has not been hired.

In the meantime, Mayor Phillips has questioned the amount of money which is being wasted by providing xerox copies of development permit applications - when, in fact, this service has not been provided. Council has requested that the Director of Planning prepare a report on the cost of the xeroxing and the value of this service.

7th & MAPLE

Residents from the immediate area of 7th and Maple have met twice to discuss a proposed thirteen storey apartment building for pensioners at 2229 Maple Street. Discussion focused on a comparison the the high rise project with a three storey proposal for the northeast corner of 7th and Maple - which is being initiated by the Government. Plans for both projects were shown and described at the August 2nd meeting:

The thirteen storey building includes 100 suites and would accommodate 125 people. The site area is 27,371 square feet, with the building covering 14% of the site. The typical bachelor suite has 340 square feet and the rent is expected to be about \$82 per month.

The three storey building includes 38 suites and would accommodate 44 people. The site area is 16,800 square feet, with the building covering 39% of the site. The typical bachelor suite has 370 square feet and the rent is expected to be about \$90 per month.

Plans for both projects are available for viewing at the Kitsilano Planning Centre, 2741 West Fourth.

People discussed these projects from several viewpoints: People who may want to live in one of the buildings when they are built; People who favour the high-rise proposal - generally apartment or condominium residents from the area; People who oppose the first high-rise planned for their area - generally residents in the surrounding houses.

APPLICATIONS ARE NOW BEING RECEIVED FROM PENSIONERS WHO WANT TO LIVE IN EITHER OF THESE TWO PROJECTS

High-rise at 2229 Maple Street: Write to Shalom Branch no. 178 Building Society, Royal Canadian Legion c/o John Gordon Ltd., 2153 West Fourth Avenue, Vancouver 9.

KITS INFORMATION CENTRE THANKS THE FOLLOWING FOR DONATIONS IN JULY:

PIC'S STATIONARY on West Broadway for art supplies.

RED & WHITE STORES on West 4th for supplies.

ROHANS RECORDS, BUSINESS AND ROCKPILE on West 4th for stacking and stuffed chairs.

KITS BAKERY on West Broadway for pastries for a staff training session.

A new difficulty with the City's programme for development information has recently been discovered. During May, June and July about 260 of these applications did not appear on the public register. Among the missing applications was the only application during this period, so far as we yet know, for a high-rise in our area. Now that this situation has been called to the attention of City staff, they have been able to find some of the missing forms, though another 28 forms did not appear on the register between the 5th of July and the 3rd of August. They hope to eventually recover all missing copies.

PENSIONERS HOUSING - HIGH-RISE or LOW-RISE?

State your age, your choice between bachelor or one bedroom suite, and where in the building you would prefer to live (east or west side and floor.) Eligibility is not restricted to members of the Legion. There are now about 30 applications for this project.

Low-rise at northeast corner, 7th & Maple: The British Columbia Housing Management Commission provides a standard application form which should be filled out. This form may be obtained from the Commission, 4343 Fraser (873 1861) or from the Kitsilano Information Centre, 2741 West Fourth (736 3431.) Be certain that you write "7th & Maple" across the top of your application!

LOCAL RESIDENTS PROTEST HIGH-RISE

Following the second meeting about pensioner housing at 7th and Maple, a group of residents decided to start a movement to stop the high-rise. Their hope is to keep high-rises out of the area between Broadway and Fourth, and to promote the building of low-rise apartments for older people in Kitsilano. They are especially unhappy over the "economic arguments" which are leading to the stacking of the largest possible number of people onto this site.

Their protest will be publicly launched at Kits House, August 16th, 7:30. People who are interested in joining them should contact Shelagh Day (733 8606.)

BURRARD-ARBUTUS CONNECTOR PROTESTED

A number of people who came to the 7th and Maple meetings learned for the first time about the proposed connector which will affect their neighbourhood. They have indicated that they will protest this project and have decided to attend the Kitsilano Urban Transportation Committee meeting at the Kitsilano Information Centre on August 14th, 8 PM.

coverperson: NANCY JENNINGS

Nancy is our new Co-ordinator at Kits Information Centre, replacing Judy Alldritt. She's already impressed by the healthy state of community spirit in Kitsilano and is looking forward to contributing to it.

As part of her job, Nancy is on the lookout for new volunteers to help staff the Centre - so, if you have some time to spare each week and would like to lend a hand, she'd be glad to hear from you.

Are you interested in a particular issue? Would you like to know if other members of our community are also concerned? The Centre has the facilities (place of meetings, mimeographing equipment, et cetera) the information and the resource people. Nancy will be happy to explain how you can make use of our Centre.

Even if you don't have a special reason for calling, you can drop in to the Information Centre at 2741 West 4th any time and just rap with Nancy or any of the friendly people there over a cup of coffee.