

Thank you to all of the workshop participants that helped shape

maladjusted

Adrianne Fitch
Colin Ross
Floyd Mitchell
Helen Kita
Jay Peachy
Kathryn Stachyra
Kevin Conway
Kira Yee
Lisa Burgener
Pamela Rowe
Rick Benoit
Ryan Caron
Tomas Mureika
Zoe Green

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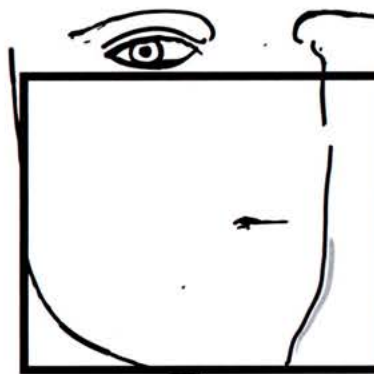
Please turn off cell phones
and other devices. No photos
or recordings are permitted
during the performance.

This is a two-hour interactive
performance with no
intermission. Relax, if you
need to slip out and come back
during the forum (interactive
part), that's ok.

Theatre for Living (Headlines) is a member of the professional Association of Canadian Theatres, the Greater Vancouver Professional Theatre Alliance, the Vancouver Cultural Alliance, the Community Arts Council of Vancouver and the International Theatre of the Oppressed Organization.

323-350 East 2nd Ave || Vancouver BC V5T4R8
t- 604-871-0508 f-604-871-0209
info@headlinestheatre.com
Facebook.com/HeadlinesTheatre
Twitter: @headlinestheatr

The live webcast of **maladjusted** is
produced with the cooperation of
the Union of B.C. Performers.



*While the characters in this play emerge
from the lived experiences of the
workshop participants and cast members,
no character is a direct portrayal of any
cast member or workshop participant.*

All the actors are playing characters.

maladjusted

Directed by David Diamond



CAST (In alphabetical order)

Erin Arnold	Abby Neill
Khoal Marks	Mia Williams
Martin Filby	Jack Richards
Micheala Hiltergerke	Danielle Williams
Pierre Leichner	Dr. Paul Devreaux
Sam Bob*	Frank Williams

*Appears with the permission of the Canadian Actors' Equity Association

PRODUCTION TEAM AND CORE OPERATIONS ADMINISTRATION (in alphabetical order)

Amanda Konkin	Publicist
André Prevost	Production Manager
Brid Fitzgerald	Support Person
Candelario Andrade	Sound and Video Designer
Carissa Wieler	Community Scribe
Carmen Alatorre	Costume Designer
Colin Ross	Rehearsal Support
Dafne Blanco	Outreach Coordinator, Graphic Designer & Webmaster
David Cooper	Photographer
David Diamond	Artistic and Managing Director
Dorothy Jenkins*	Stage Manager
Elisha Burrows	Technical Director
Gerald King	Lighting Designer
Mallory Gallant	Publicity/Outreach Assistant
Susan Shank Day	Financial Administrator
Yvan Morissette	Set and Props Designer

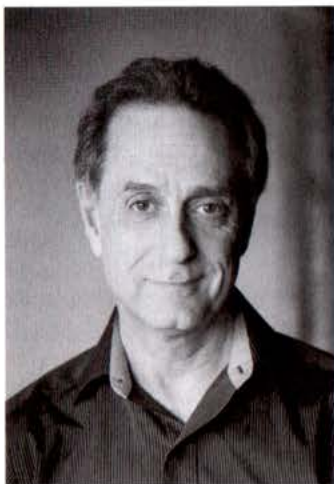
DON'T MISS THE LIVE, INTERACTIVE WEBCAST
MARCH 24, 2013 AT 8PM

Chris Bouris	Webcast Master
Kenji Maeda	Mid-point joker
Michael Keeping	Tele/webcast Director

Anna Soole, Iris Paradela-Hunter & Ryan Caron	webactors
Julius Fisher, WorkingTV	Internet Support
Samuel Sieb	Webcast Technical Support

Artistic Director's Welcome

Welcome to the **maladjusted** project – but first – we are in the midst of a name change.



When Headlines Theatre was founded in 1981 the purpose of the work was to expose the headlines – to draw attention to issues ripped from the pages of the news. This is something people do in 2013 via their cell phones and YouTube. Over the years the work of the theatre company has changed from ringing essential alarm bells to the creation of what we hope are essential dialogues. In 1999 I coined the phrase Theatre for Living to describe how my own issue-based theatre work had evolved from Augusto Boal's Theatre of the Oppressed. The phrase became the title of my first (and, so far, only) book. We are now embracing Theatre for Living as the name of the theatre company, as we feel it better represents the dialogic nature of the artistic practice. The transition will be slow; the art will continue to evolve.

The impulse behind the **maladjusted** project originates with our long-standing relationships with many people and organizations in the Health Sector. Conversations with numerous individuals opened a door to a hidden aspect of not only the mental health sector specifically, but Canadian health, justice, education and other systems in general.

In the name of efficiency, the human-based systems that people created over many years are being mechanized. In the mental health sector this is resulting in both patients and caregivers having to adjust to the system in order to give and receive care – instead of a flexible system adjusting to, in particular, needs of specific patients. If one scratches the surface of this issue, what appears is more and more burn-out, a deepening “chemicalization” of care, and more and more people falling through cracks in the system.

Of course these issues are complex; there is far more grey than black and white here. After consultation with many caregivers, administrators and patients, it became apparent that a dialogue about “patient-centered care” would be very valuable.

191 people (patients and/or caregivers) applied to be directly involved in the creation and performance of this play. They were very open with personal experiences of this issue. We had the ability to hire 18 community workshop participants and the cast of 6. To ALL of them, my heartfelt thanks for their contributions to the story that we take to the stage. In particular, of course, my thanks and congratulations to this very courageous cast and the talented production team that surrounds them.

I hope **maladjusted** asks provocative questions that stimulate the kind of dialogue that leads to new understandings about mental health, “mechanization” and “patient-centered care”, and that the Community Action Report that comes from the project is both useful and used by agencies in the field.

David Diamond, Artistic/Managing Director
Theatre for Living (Headlines)

The Company

The Cast



ERIN ARNOLD – ABBY NEILL

Erin Arnold is a mother of a young son living in Vancouver. She is an active community member volunteering in many capacities including the Board of Directors for Pacific Post Partum Support Society. Her background is in Child and Youth Care Counseling and currently working towards a graduate certificate in Complex Trauma and Child Sexual Abuse Intervention at the JIBC. She has worked for the provincial government since 1998 holding a variety of positions. Erin was a victim of a long lasting crime in her childhood that has shaped her life and career path. Erin has lived with an eating disorder for over two decades, major depression, post traumatic stress disorder and suffered from post partum depression after the birth of her son. Through her lived experience as a patient in the mental health system as well as working

with victims of crime and trauma, she personally values the importance of self-care. Erin is thrilled to be a part of **maladjusted** and to help create change through community dialogue, theatre and making policy recommendations to the powers that be!



KHOAL MARKS – MIA WILLIAMS

Khoal emigrated to Canada at age two, and was raised in a traditional East Indian home, though she would prove to be anything but traditional. A defiant teenager, Khoal escaped from tradition and home, pursuing her dreams and living her own life. Out of necessity, Khoal quickly learned how to survive on her own. Her journey was fraught with adversity and ‘starting over’ moments. After suddenly losing her mother in 2007, she was diagnosed with mental health issues, bringing some clarity to the life she had been living. Being in **maladjusted** is an exciting opportunity for Khoal. She is hoping this experience will be healing and empowering as her journey continues.



MARTIN FILBY – JACK RICHARDS

When Martin heard about **maladjusted**, he got excited at the opportunity to be a part of a team that wanted to bring forward the problems of the Mental Health System - not just to make others aware but to maybe bring to light some solutions. Through many years of mental health misdiagnoses, major reactions to improper prescriptions, and countless therapies, Martin is still working towards finding peace. In this workshop and production Martin hopes to learn how others have coped in their fight with the mechanization of the system and to inform those who are clueless that there needs to be changes made to help those in crisis. Martin has lived in Vancouver off and on for the past five years, during which time he has been a street performer with his girlfriend Ashley. He and Ashley also travel around Canada,

performing music and taking in the sights. While living in Montreal, Martin worked on a movie set as a caterer, which peaked his interest in performing.



PIERRE LEICHNER - DR. PAUL DEVREAUX

After 35 years as an academic and administrative psychiatrist, Pierre Leichner has left this profession to become a full time interdisciplinary artist. This change has been fueled by his dismay at the direction our health care system has been taking and his inability to express this while working within the system. As an artist most of his projects address socio-political issues. He is presently working on an altered books project: *Diagnostic and Statistical Manual of Mental Disorders (DSM) Re-revised* that draws on his previous experiences and knowledge as a psychiatrist and an artist. It questions the political and economic issues that are associated with psychiatric diagnosis and treatment. He is a collective member of Gallery Gachet and a board member on the Community Arts Council of Vancouver. He obtained

his Bachelor in Fine Arts from Emily Carr University in 2007 and his Masters in Fine Arts from Concordia University in 2011. Most of his works can be seen on his artist website: www.leichner.ca



MICHEALA HILTERGERKE - DANIELLE WILLIAMS

Micheala is 22 years old, born and raised in Prince George BC. She experienced some difficulty as a teenager and after a very brief interview with a psychiatrist was diagnosed with serious mental health issues and put on medications, deeply affecting her health and changing the course of her life. She is a strong survivor of diagnostic labeling and treatment. At the age of 19, Micheala decided to stop all psychiatric medications and suffered through debilitating withdrawal effects completely on her own. She went on to complete high school with honors and a bursary. She is now moving towards a career to work with children and youth "at risk". Talking about this time in her life, Micheala says, "The hardest part about the healing process is teaching one's self that it is okay and "normal" to feel sad, okay to feel angry,

okay to feel happy and excited". Micheala is stoked to be a part of *maladjusted* and to help people understand the stigma of a mental health label and the powerlessness of being diagnosed 'crazy'.



SAM BOB - FRANK WILLIAMS

Sam Bob is a Vancouver based actor who has performed nationally in television, film, radio, and theatre. Sam's traditional name is Tulkweemultk' of the SnawNaw-us First Nation. His connection to mental health issues includes overcoming PTSD from Residential School and spending the last few years in recovery from alcohol addiction. Sam is a Jessie Richardson nominee for Best Actor in Headlines Theatre's production of *Out of the Silence* in 1992. He was also nominated for Best Actor by Edmonton's Dreamspeaker's Film Festival in 1996 for his performance in Dana Claxton's film *The Red Paper*. He has performed in many Vancouver theatre production's such as *Dry Lips Oughta Move to Kapuskasing* at the Arts Club, *Paradise in the Wasteland* with Tamahnous Theatre, and *Age of Iron, Farewell and*

Ecstasy of Rita Joe at the Firehall Theatre. Sam can currently be seen in the second season of APTN's comedy *Health Nut's*. He has several TV and film credits but he finds the true reward of working in the arts to be the active participation and mentoring of First Nation's youth, in particular with the IIDF program at Capilano University. Idle No More.

The Production Team

AMANDA KONKIN - PUBLICIST

Amanda has an MA in theatre studies from the University of British Columbia (UBC) where she studied the unique potential for interactivity demonstrated by Theatre for Living online broadcasts. She has spent the last decade honing her creative skills in theatre including roles producing, directing, performing and doing publicity. Her first job upon moving to Vancouver 6 years ago was as the publicist for the UBC Players Club, where she spent 4 full seasons on the executive council producing theatre projects and events. She currently sits on the board of directors for ICTV, one of the local independent groups producing television for Shaw channel 4 and contributes actively to Vancouver's online geek community as a blogger and podcaster. She is excited to contribute her passion for Theatre for Living work and dedication to the performing arts sector in BC as the publicist for Headlines 2013 main stage show *maladjusted*. Follow her: @akonkin

ANDRÉ PREVOST - PRODUCTION MANAGER

After completing the Theatre Arts program at the Banff Centre in 1978, André Prevost began his career in stage management with the Vancouver Opera. In 1981 he accepted a teaching post in Art & Drama at the High School level until 1987 when he accepted the combined post of Stage Manager and Director of Production with the Edmonton Opera, and with the Manitoba Opera in 1994, and for the Vancouver Opera in 2004. Upon his return to Winnipeg in 2006, he freelanced with Rainbow Stage, Winnipeg Jewish Theatre, and the Ruth Cansfield. In 2008, he became the Administrative Director for the Manitoba Arts Network in Winnipeg, then returned to Vancouver to work with Headlines Theatre in 2011. His career has also included stage managing with the Vancouver Playhouse, Opera Saskatchewan, and Opera Pacific (California), producing the first annual Alberta Emerald Awards in 1995, and continues his work in the visual arts through Iconography.

BRID FITZGERALD - SUPPORT PERSON

Recognising the creative arts as an effective tool for bridging the gap between fear, hope and change, Brid has found the fit for her passion in blending the arts, therapeutic practice and education. A thread of Boal's technique has been woven through Brid's work since 1996, when she was first introduced to Theatre of the Oppressed as an undergraduate theatre student. For the past twelve years, Brid has worked with a wide variety of marginalised groups and individuals, using play methods to practice on and for life situations. Acknowledging the Arts as an invaluable tool for growth and change, Brid undertook a Counselling and Psychotherapy Degree to further merge creativity and developmental/therapeutic work. Having worked in front line crisis intervention as a Counsellor Psychotherapist and as a Drama/Personal Development Facilitator in Ireland and Australia, Brid is now delighted to have the opportunity to continue to learn and to develop her skills here in Canada.

CANDELARIO ANDRADE - SOUND AND VIDEO DESIGNER

Design credits include work with Theatre Replacement, Newworld Theatre, Rumble Productions, Leaky Heaven, Conspiracy Theatre, Real Wheels, Urban Ink and Rimini Protokoll (Germany). This is his second project with Headlines Theatre. Recent credits include the Electric Company's *Initiation Trilogy* and Theatre Replacement's *Movie Group*.

With his own company: Rough House, Cande recently co-created *A Last Resort*, co-written and Performed in collaboration with Camille Gingras. The show earned a Jessie Richardson Nomination for Outstanding Original Script and it was presented at Free Fall Festival in Toronto, TREMORS Festival and The Shadbolt Centre.

CARISSA WIELER – COMMUNITY SCRIBE

Carissa is excited to be the community scribe for Headlines Theatre's production of *maladjusted*. She has a sensitive and keen eye to mental health issues through her own experiences. As a young girl, Carissa grew up with the war refugee stories of her grandmother who suffered from post-traumatic stress. As a teenager, she bereaved the sudden loss of her father due to illness. Carissa has since developed a passion for mental and emotional health, inspiring her to obtain a second master's degree in Integral Psychology (her first is in Natural Resources Management). She strives for the elegant integration of social change, creativity and human well-being. Through her experience with facilitation, public speaking and writing, she has helped direct policy change in the areas of global and community sustainability, and aboriginal planning. Carissa also writes narrative and poetry with publications in two anthologies, *Integral Education* (2010), and *I See You With My Heart: A Voice Flame Anthology* (2012).

CARMEN ALATORRE – COSTUME DESIGNER

Originally from Mexico City, Carmen earned her MFA degree in Theatre Design at the University of British Columbia and has worked as a theatre designer in Vancouver since 2006. Some of her local recent design credits include: *The Patron Saint of Stanley Park* (Arts Club), *Fresco* (Bella Luna Theatre), *Women of Troy* (SFU Woodward's), *The Forbidden Phoenix*, *The Sound of Music* and *Fiddler on the Roof* (Gateway Theatre) and *Us and Them* with Headlines Theatre. Carmen is a member of Associate Designers of Canada.

www.carmenalatorre.com

CHRIS BOURIS – WEBCAST MASTER

Chris' media work has an emphasis on civic education. Chris' media goals are to broaden community understanding of contemporary social issues and facilitate greater community participation through online technologies. He has a Cooperative Education, BFA (Film) degree from Simon Fraser University.

DAFNE BLANCO – OUTREACH COORDINATOR, GRAPHIC DESIGNER & WEBMASTER

Dafne was Headlines' Outreach Coordinator from 2004 to 2010 and she is back at Headlines for a year. She has been involved with several grassroots organizations and art groups since she arrived in Vancouver from Mexico in 1996, working on the areas of Human Rights, First Nations struggles, Racism, Globalization, and other social issues. She also worked as an advocate for agriculture migrant rights, while freelancing as a web designer. Dafne has completed a degree in Graphic Design in the National Autonomous University of Mexico, and she is planning to pursue a Masters Degree in Visual Arts in the near future. Painting and ceramics creation has been a great passion of hers and she is hoping to fully focus on her artistic creation if she is able to garner the blessings of the Visual Arts deities. www.dafneblancovisualart.com

DAVID DIAMOND – ARTISTIC AND MANAGING DIRECTOR

David is a 1975 BFA graduate of the University of Alberta. He was a founding member of Vancouver's Headlines Theatre (1981) and has been Artistic Director since 1984. David has directed over 500 community-specific projects on issues such as racism, civic engagement, violence, addiction, street youth, intergenerational conflict and homelessness. David is the recipient of numerous awards, including the City of Vancouver's Cultural Harmony Award, the Jessie Richardson Award for Innovation in Theatre, an Honorary Doctorate from the University of the Fraser Valley and the Otto René Castillo Award for Political Theatre. In 2010 he was honoured to travel with the Governor General of Canada (Michaëlle Jean) as a Canadian Delegate in Africa. He is also a recipient of the Vancouver 2012 Mayor's Arts Award for Community Engaged Art. David is the author of *Theatre for Living: the art and science of community-based dialogue*, which has a foreword by renowned systems theorist, Fritjof Capra and was honored with the American Alliance of Theatre and Education 2008 Distinguished Book Award. In 2012 the book was published in German by Ibidem under the title *Theater zum Leben* and is also currently being translated into Spanish.

DOROTHY JENKINS – STAGE MANAGER

Dorothy is a seasoned professional Stage Manager with decades of experience in the theatre. This will be her third Headlines' project, the first being *after homelessness...*, the second being *Us and Them*. She is delighted to be working with Headlines Theatre again.

ELISHA BURROWS – TECHNICAL DIRECTOR

Elisha Burrows grew up in a theatre family and toured with the Caravan as child in the 1980's. Since graduating from Simon Fraser in 1997, he has worked as a theatre and film technician and as a DOP and Director on documentary films and commercials and as a content producer on various multimedia projects. For the past six years he has worked as a technical director in both theatre and fine arts. Company credits include The Leaky Heaven Circus, Ruby Slipper Theatre, PI Theatre, Touchstone Theatre, Caravan Farm Theatre and The New Forms Festival. This will be second show as Technical Director for Headlines Theatre.

GERALD KING – LIGHTING DESIGNER

Gerald's designs have been seen with; Ballet British Columbia, Bard on The Beach, The Vancouver Opera, The National Ballet of Canada, The National Arts Centre, Pacific Opera Victoria, Opera Omaha, The Baltimore Opera, Cincinnati Playhouse In The Park, The Edmonton Opera, Bard on The Beach, Western Canada Theatre and numerous others. Some recent show credits include: *Ubuntu*- for Western Canada Theatre, *Death of A Salesman* and *La Cage Aux Folles*- Vancouver Playhouse, *Romeo and Julietta* and *La Boheme*-Vancouver Opera, *Cats and Much Ado About Nothing*- Theatre Calgary, *Madama Butterfly*- Opera Omaha, *MacBeth* and *Taming of The Shrew*- Bard on The Beach, *The Secret Mask*-Presentation House and *Boeing Boeing*- Arts Club Theatre.

MALLORY GALLANT - PUBLICITY/OUTREACH ASSISTANT

Mallory is a graduate of the Theatre Performance program at Mount Royal University in Calgary. She has since worked as an actress, drama facilitator, arts programmer, and playwright. She most recently co-wrote/produced *Grey Matter* for the Edmonton and Vancouver Fringe Festivals. Since moving to Vancouver in 2011 she completed her certification in Documentary Production from Langara College and is currently a student in the Advanced Certification in Arts and Entertainment Management at Capilano University. She completed her first internship at the Public Dreams Society as their Outreach Coordinator for the Parade of Lost Souls 2012 and is pleased to be doing her second internship at Theatre for Living (Headlines) as their Publicity/Outreach Assistant for *maladjusted*. Up next she is directing a documentary film called *The Language of Rhythm* for the Public Dreams Society. She is proud to be a part of this gifted production team at Theatre for Living.

MIKE KEEPING - TELE/WEBCAST DIRECTOR

Michael started working in film and television when he was 13 years old. By 16 years old, as a volunteer at Rogers Cable TV Toronto he was directing and switching live TV programs. Over the past 40 years Michael has produced well over 5000 broadcast hours. He currently directs *The Rush* with host Fiona Forbes and Michael Eckford and produces a number of access shows for Shaw TV. Michael has also been a 28-year supporter of Theatre for the Living by producing and directing their television coverage. Michael learned the art of Foley at the CBC in 1981. Since then, through his company TraxStars Entertainment Inc. he has worked with over 50 TV series, for a full list you can check out the Internet Movie Data Base IMDB.com under Michael Keeping. He has won one Gemini for Ice Pilots NWT, 6 Leo Awards and has been nominated for two Prix Genie Awards and four Gemini Awards for his sound work.

SUSAN SHANK DAY - FINANCIAL ADMINISTRATOR

Susan Shank Day has extensive financial and administrative experience in the arts. For a decade Susan was the administrator for Touchstone Theatre Society. She is also the contract coordinator for Gateway Theatre and has done bookkeeping for The Firehall Arts Centre - but her favorite job is being the mom of her two children! Susan has a BA from SFU with a concentration in Theatre. Over the years she has had experience as an actor, writer, teacher, programmer and producer. Susan is delighted to be working with Headlines Theatre.

YVAN MORISSETTE - SET/PROPS DESIGNER

Yvan is very happy to be back working with Headlines, where he's previously designed the productions of *Us and Them*, *after homelessness...*, *METH* and *Thirsty*. His design work has been seen on most stages around Vancouver, including the Arts Club Theatre, the Playhouse, Bard on the Beach, Rumble Productions and Touchstones Theatre, among others. Yvan also teaches in the Design Formation program at Langara College, and would like to thank his partner Kat and daughter Alexina for their Love and Support.

Headlines acknowledges our amazing, wonderful donors!

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Our maladjusted Advisory Committee

Ajay Masala Puri || Heather Hay || Sonja Sinclair || Zack Embree

THEATRE FOR LIVING (HEADLINES) WOULD LIKE TO EXTEND A BIG THANK YOU TO OUR
FUNDERS, MEDIA AND TELE/WEBCAST SPONSORS

Canada Council
for the Arts

Conseil des Arts
du Canada

CITY OF
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and for the project
Great Beginnings Program

We thank the
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Don't miss

the
maladjusted
dialogue
series

2 days of community dialogues parallel to the performances of *maladjusted* to enrich a Community Action Report for social service agencies

The *maladjusted dialogue series* is part of the *maladjusted* project. The hope for these two days of panels and community discussions is to open the space for a true dialogue on the cost, chemicalization and mechanics of mental health care, respectively, to work through any barriers that stop us from moving forward on the issues in a healthy way.

We invite you to attend this exciting two day series at the Firehall Arts Centre and become a part of this important conversation. For more info on our panelists and moderators go to: <http://www.theatreforliving.com/>

ALL EVENTS ARE FREE

The panels:

Monday, March 18 at 1:30pm

Cost of Caring:

How values drive spending

Monday, March 18 at 7pm

What does getting better look like? The chemicalization of mental health care

Tuesday, March 19 at 1:30pm

The Art & the Mechanics of mental health care: How do caregivers function creatively within a mechanizing system?



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

June 22, 2012

To Whom it May Concern:

Re: Headlines Theatre's upcoming main stage project "maladjusted"

I am writing to express my support for Headlines Theatre's upcoming project "maladjusted" that will explore issues around mental health and stigmatization within the health care system and more broadly, how these issues affect our lives and our capacities for wellbeing and fulfillment.

Our goal at the Mental Health Commission of Canada (MHCC) is to improve the mental health system and to change attitudes and behaviours around mental illness. The MHCC is creating the country's first mental health strategy, working to reduce stigma and advancing knowledge exchange in mental health, among other initiatives. As Director and Vancouver Site Coordinator of the MHCC's At Home/Chez Soi project, examining how best to help people who are homeless and living with a mental illness, I am particularly interested in Headlines' project. I believe this production will have impact on the dialogue around mental health and stigma through the transformation of these issues into live theatre that moves beyond traditional performance to audience intervention and engagement between performer and spectator via the Forum Theatre model.

I have known and appreciated for some time Headlines Theatre's work: the rigour, excellence and integrity of their productions as well as their commitment to complex social problems and their ability to transform theatre into a space for creative dialogue. In 2009 I saw the production "After Homelessness" and I also participated in a panel presentation connected to the production.

I have spoken with David Diamond about "maladjusted" and have committed to help with networking for participant/cast recruitment, audiences and the mini-conference. I am also looking forward to receiving the Community Action Report generated by the production and using this to inform the MHCC's exploration of issues around mental health and stigma.

I am happy to support "maladjusted" and recommend investment by interested funders. I am confident the production will be of the highest calibre artistically and that it will shed light on this complex social issue.

Sincerely,

Catharine Hume
Director and Vancouver Site Coordinator, At Home/Chez Soi

10301 Southport Lane SW Suite 800 / 10301 Southport Lane 50, bureau 800 / Calgary, AB T2W 1S7 / T 403.255.5808
www.mentalhealthcommission.ca / www.commissionsantementale.ca

Offices in Ottawa / Bureaux à Ottawa

STAY TUNED FOR THEATRE FOR LIVING (HEADLINES) NEXT PROJECT:
CORPORATIONS IN OUR HEADS, evicting the voices of corporations from our collective psyche. CiOH will tour throughout BC starting this October with Vancouver events planned for December 4-8, 2013.

For further information, or to book an event in your community contact Theatre for Living (Headlines): 604.871.0508 or at BCtour@theatreforliving.com

Mental Health Resources

■ ABORIGINAL WELLNESS PROGRAM

Tel: 604 875 6601

<http://aboriginalhealth.vch.ca/wellness.htm>

It provides culturally safe mental wellness and addiction programs that promote health, wellness and healing. 255 12th Avenue East, Vancouver, BC

■ BC CRISIS 24 HRS: 1-800-SUICIDE (1-800-784-2433)

<http://www.crisislines.bc.ca/>

Provides assessment, emotional support, information and referral, and crisis and suicide intervention services to the community through 14 crisis lines across BC.

■ BURNABY MENTAL HEALTH AND ADDICTIONS

Intake Tel: 604 453 1900

For Burnaby residents seeking counselling for persons in suicidal crisis or support for persons concerns about someone at risk to suicide.

■ CARNEGIE COMMUNITY CENTRE, 401 Main St, Vancouver, BC

Tel: 604 665 2220

■ COAST MENTAL HEALTH RESOURCE CENTRE

Tel: 604 683 3787

1225 Seymour St, Vancouver, BC. Members' Line: 604 683 3752

■ PRISM SERVICES

Tel: 604 658 1214

Vancouver Coastal Health's Mental Health Support for the lesbian, gay, bisexual, trans, queer and Two Spirit (LGBTQ2S) communities. Email: prism@vch.ca

■ PROVINCIAL SPECIALIZED EATING DISORDERS PROGRAM - INPATIENT AND OUTPATIENT TREATMENT PROGRAM

Tel: 604 806 8347

St. Paul's Hospital, 1081 Burrard St, Vancouver, BC.

■ SAINT PAULS HOSPITAL OUTPATIENT MENTAL HEALTH SERVICES at St Paul's Hospital

1081 Burrard St, Vancouver, BC.

Tel: 604 682 234

■ STRATHCONA MENTAL HEALTH

Tel: 604 253 4401

Vancouver Coastal Health, 330 Heatley St, Vancouver, BC.

■ SUICIDE PREVENTION SUPPORT LINE S.A.F.E.R

Tel: 604 675 3985

(Suicide Attempt Follow-up, Education, & Research)

Provides counselling for individuals who are in a suicidal crisis, have made a suicide attempt, or are survivors of a suicide death. 301-1669 East Broadway, Vancouver, BC.

■ THE FRIENDSHIP KETTLE SOCIETY

Tel: 604 251 2801

<http://www.thekettle.ca/>

The Kettle has a holistic approach that views physical, mental and spiritual aspects of life as interconnected and equally important. 1725 Venables St, Vancouver, BC.

■ THE LIVING ROOM

Tel: 604 255 7026

<http://www.lookoutsociety.ca/LivingRoom.html>

A drop in centre for the local mentally ill that provides social and recreational activities. 528 Powell St, Vancouver, BC.

■ THREE BRIDGES COMMUNITY HEALTH CENTRE (ADDICTION SUPPORT)

http://www.vch.ca/402/7678/?site_id=161

Tel: 604 736 9844

1292 Hornby Street Vancouver, BC.

■ TRAUMA SERVICES FOR IMMIGRANTS AND REFUGEES

Tel: 604 874 2938 x142

<http://www.fsgv.ca/index.html>

Family Services of Greater Vancouver, 202-1193 Kingsway, Vancouver, BC.

■ VANCOUVER & LOWER MAINLAND MULTICULTURAL FAMILY SUPPORT SERVICES SOCIETY

<http://www.vlmfss.ca/web/index.php>

Tel: 604-436-1025

A non-profit organization offering services in over twenty languages, providing culturally sensitive services to immigrant, visible minority and refugee women and their families. They serve the population of clients in the entire Lower Mainland, with offices in Burnaby and Surrey, BC.

■ VANCOUVER CHILD AND YOUTH MENTAL HEALTH REFERRAL

Tel: 604-709-4111

For children and youth (18 & under) at risk of suicide in Vancouver, BC.

■ VCH EATING DISORDERS PROGRAM

Tel: 604 675 2531

http://www.vch.ca/403/7676/?program_id=13776

It seeks to establish client-centered care that empowers individuals and families to take responsibility for the recovery process and enhances their quality of life. 2750 East Hastings St, Vancouver, BC.

■ VANCOUVER NATIVE HEALTH SOCIETY

Tel: 604 254 9949

They mission is to improve and promote the health of individuals with a focus on the Aboriginal community residing in Greater Vancouver. 449 East Hastings St, Vancouver, BC.

■ VICTIMLINK BC CRISIS SUPPORT LINE

Tel: 1800 563 0808

Victims of Crime and Sexual Violence BC and Yukon 24 hours a day, 7 days a week.

■ WEST COAST MENTAL HEALTH NETWORK

Tel: 604 733 5570





<http://www.wcmhn.org/>

Offers peer support, referral and information to the public and to members who are navigating the mental health system and moving towards their own recovery. 207-1300 Richards St, Vancouver, BC. Email: office@wcmhn.org

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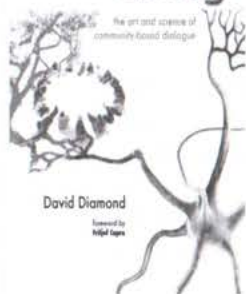


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INTERESTED IN LEARNING MORE ABOUT **Headlines Work?**
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David Diamond's theory of living communities, their dysfunctions and potential for change, comes to life in this silo-busting hybrid of a book: an essential resource that weaves together Systems Theory, Augusto Boal's Theatre of the Oppressed, and Diamond's decades in the theatre. His case studies, culled from extensive work using Theatre for Living with communities in crisis, provide concrete insights into how the techniques work and have come to be.

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David Diamond
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"Diamond manages to shine a refreshingly new light on what is perhaps the most transformative form of theatre... a highly practical guide..."

Hjalmar Jorge Joffe-Eichhorn, in Kabul, Afghanistan, via Amazon.com

We are very excited to announce that the German translation of David's book *Theater zum Leben* (Theatre for Living) is now available, published by Ibidem. Translated by friend and colleague Armin Staffler with introductions by Armin, Harald Hahn and Fritjof Capra.

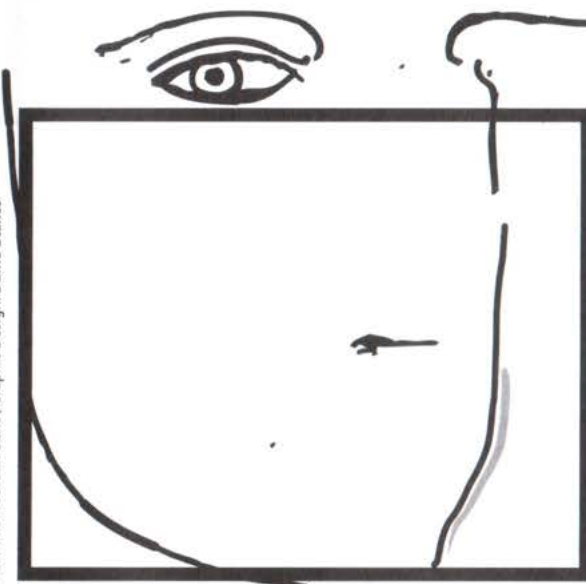


Ask for Theatre for Living at your local bookseller, or buy online from the publisher, www.trafford.com, or from www.amazon.com ISBN# 1-4251-2458-5

Order the German translation *Theater zum Leben* through your local book store or via Amazon sites globally. ISBN# 978-3-8382-0255-6.

theatre for living (headlines) presents

Illustration: Jordan Bent | Graphic Design: Dafne Blanco



March 8 to 24, 2013

Directed by David Diamond

maladjusted

the mental health system
the people. the play.

theatre making policy

Created and performed by patients and caregivers

Firehall Arts Centre
280 E. Cordova St. Vancouver

theatreforliving.com

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CAST CHANGE:

Colin Ross replaced Martin Filby as **Jack** in *Maladjusted*.

Colin Ross was diagnosed with bipolar disorder as well as ADHD at a young age and has been struggling with mental illness his entire life. One of the largest struggles Colin has faced is dealing with the emotional trauma that has stemmed as a direct result from being ill. Colin benefits from the use of medication as it enables him to “take a little control of my life back”. He recognizes that there is a lot of emotional damage that exists that no pill could ever fix. Colin firmly believes that with more support for people who have trouble connecting with the world, we would see dramatic change, not just in patients’ wellbeing, but in the lives of those surrounding them as well.

* This role originally created by Martin Filby